

RESORT INFORMATION GUIDE Spring 2018

Hours of Operation

3 Mountain Outfitters Daily, 9:00 am - 5:00 pm; ext. 1150.
(Closed for inventory April 10 & April 12)

Child Care at *TREASURES*

Monday - Friday, 9:00 am - 4:00 pm (April 9th & June 14th)
Full-day, half-day and hourly options are available. Join us for Arts and Crafts, games, outdoor fun, snacks, hot lunch, and more!
Ages 6 weeks & older. Babysitters are available evenings & weekends. 24 hour advance notice recommended. Ext. 1180.

The Country Store Daily, 7:30 am - 6:00 pm; ext. 1196.
(Closed for inventory April 17 & 18)

FunZone 2.0 Ext. 1271.

April 9 - 29

- **Ozone** - Daily, 11:00 am - 9:00 pm
- **Go Zone** - Monday - Friday, 1:00 pm - 9:00 pm, & Saturday - Sunday, 11:00 am - 9:00 pm
- **Arcade & Lazer Tag** - Daily, 11:00 am - 9:00 pm
- **ReFuel Café** - Daily, 11:30 am - 8:30 pm

April 30 - May 24

- **Ozone** - Thursday - Sunday, 11:00 am - 8:00 pm
- **Go Zone** - Thursday - Sunday, 11:00 am - 8:00 pm
- **Arcade & Lazer Tag** - Thursday - Sunday, 11:00 am - 8:00 pm
- **ReFuel Café** - Thursday - Sunday, 11:30 am - 7:30 pm

May 25 - June 14

- **Ozone** - Daily, 11:00 am - 9:00 pm
- **Go Zone** - Monday - Friday, 1:00 pm - 9:00 pm, Saturday - Sunday, 11:00 am - 9:00 pm
- **Arcade & Lazer Tag** - Daily, 11:00 am - 9:00 pm
- **ReFuel Café** - Daily, 11:30 am - 8:30 pm

Guest Service Desk Friday - Monday, 7:00 am - 11:00 pm;
Tuesday - Thursday, 7:00 am - 10:00 pm, ext. 1293.

Housekeeping Daily, 8:00 am - 5:00 pm. Linens and supplies are available Monday, Wednesday, & Friday, 9:00 am - 5:00 pm, at the Village Operations Center, located across Route 108, ext. 1154.

Maintenance Daily, 8:00 am - 5:00 pm, ext. 1158.

Morse Mountain Grille & Pub Daily for breakfast, lunch, and dinner, 8:00 am - 9:00 pm. Take-out available, ext. 1247.

Pool - Courtside Pool & Hot Tubs Daily 11:00 am & 8:00 pm.
Please note: towels are not provided. Ext. 1169.

Smugglers' Notch Real Estate Contact Betty Brgant at ext. 1122 or bbrgant@smuggs.com

The Perk Daily, 7:30am & 2:00pm. Serving specialty coffees and a variety of morning pastries and fresh baked goods. Located in the Country Store.

Voicemail Condominium phones have voicemail. To retrieve messages, dial 7777, follow prompts through the system.

Wyndham Preview Center Open daily, ext. 1253.

Activities & Entertainment

Aqua Aerobics Monday - Friday, 12:00 noon & 12:30 pm
Located at the Courtside Pool.

Acoustic Guitar Sunday, Monday, Wednesday, Thursday & Friday, 6:00 pm - 8:00 pm
Join us at the Morse Mountain Grille for appetizers or dinner accompanied by acoustic guitar music.

Welcome Orientation Monday, 10:30 am - 11:30 am
Join us in the lower level of the Meeting House for coffee and donuts while enjoying an informative presentation designed to help you plan your stay with us!

Bingo Blast Tuesday & Saturday, 5:00 pm - 6:00 pm
Join us in the lower level of the Meeting House and play for prizes.

Friendly Pirate Dinner Tuesday, 6:00 pm - 8:00 pm
Rockin' Ron the *Friendly Pirate* performs pirate songs for adults and kids in the Morse Mountain Grille dining room. **Available April 10, April 17, & April 24.**

Artist Workshops

Advance registration required, ext. 1293. Limited space available.

Painter's Palette Thursday, 10:00 am - 12:30 pm
Acrylic painting for anyone who has considered painting but didn't think they could, or for artists who wish to increase their creativity. Primary colors are explored, along with composition and play. Each person brings home a painting at the end of this session.
\$58 per person, per session.

Sculpting Workshop Thursday, 1:00 pm - 3:00 pm
Explore your creative side as you develop natural forms into clay images in the three-dimensional art form. Nancy Schade leads you in clay modeling, learning the properties of various clays, and forming clay into a finished piece. Take home a complete sculpture.
\$58 per person, per session.

Text the word Smuggs
to **855.421.2279**
to receive the most
up-to-date information
on great deals, special
programs, and
scheduling or location
changes!

Arts & Wellness

Vinyasa Flow Yoga Sunday, 9:15 am ó 10:30 am
This class will include a step by step approach that appropriately takes a student from one posture to the next. During this moderately paced practice will link together our body movements and our breathing. Some yoga experience is recommended. **Class meets at Nordland Library.** Advance registration recommended as space is limited. *\$15 per person, ages 7 & older.*

Zumba Tuesday, 6:15 pm ó 7:15 pm
Zumba® with Luciana: Zumba is a latin-inspired, dance-fitness class that incorporates Latin and international music and dance movements, creating a dynamic, exciting, exhilarating, and effective fitness program. No dance experience necessary. Wear comfortable clothes, sneakers, bring a water bottle and your smile! Appropriate for all levels. **Class meets at the Cambridge Community Center.** Sign-up in advance at the Guest Service Desk. *\$8 per person.*

Fitness Gym at the Cambridge Community Center
You can purchase daily or weekly access to the fitness gym at the Cambridge Community Center. Purchase at the Guest Service Desk. *\$10 per person* for a 1 day pass or *\$20 per person* for a 1-week pass.

Pick-up Sports at the Cambridge Community Center
Meets at the Cambridge Community Center. Please bring an extra change of shoes. Outside shoes are not allowed on the gym floor. Sign-up in advance at the Guest Service Desk. *\$5 per person, per session.*

Pick-up Pickleball
Tuesday, 7:15 pm ó 9:00 pm & Thursday 9:00 am ó 11:00 am

Pick-up Futsal Friday, 7:00 pm ó 9:00 pm

Day Trips

Taste of VT Tuesday, 10:00 am
Join us on a journey to some of Vermont's outstanding producers. We will begin the day with a visit to Vermont Artisan Coffee & Tea Co., to tour the roasting facility where their fine boutique coffee is crafted. Other stops along the way include Cabot Annex, Danforth Pewter, and Champlain Chocolates. Then we wind our way to Emily's Bridge: a haunting tale of love and tragedy. From there we drive through the scenic Stowe Hollow before arriving in the village of Stowe. While in the village we experience how gourmet sweets are made at Laughing Moon Chocolates, followed by a leisurely stroll around town on your own. Of course, we can't end without stopping by Idletyme Brewery to tour the brewery and sample a flight of their offerings. Specific trip stops and destinations may vary seasonally. **Tours meet at the Fly Rod Shop in Stowe.** Advance registration required, minimum 4 passengers. Under 18 must be accompanied by an adult. *\$69 per person.*

Montreal Day Trip Wednesday, 8:00 am ó 6:30 pm
A great way to spend a day in one of Canada's more vibrant and interesting cities! Leave the driving and parking to us as you explore points of interest like the Old French Quarter, the Waterfront, the Montreal Casino, Notre Dame Basilica, Bio Dome, or St. Joseph Oratory. Maps, information, and transfers throughout the city provided. Please contact *TREASURES* after booking your Montreal trip so our child care staff can accommodate your needs. Transportation included. Advance registration required, limited space available, minimum 10 passengers. Under 18 must be accompanied by an adult. *\$109 per person.*

Traveling to & from Canada: For US and Canadian residents traveling across the US /Canadian border, each family member will need to bring along either an enhanced Driver's License or Passport. US resident aliens will also need a Green Card. All other foreign country residents will need their valid passport with I94 document. If you are crossing the US/Canadian border and do not have your I94 document with you, you will need your valid Passport and a Visa. There will be a nominal fee at the border to prepare the I94 documentation for you.

Craft Beer and Spirits Tour Thursday, 10:00 am
Vermont Craft Beer is considered to be some of the best in the world! With this tour you have the opportunity to visit some of these premier breweries, as well as distilleries. Fortunately for us the Lamoille Valley is home to a number of fantastic brewing artisans. The itinerary can include Hill Farmstead--site of the holy beer geek pilgrimage, as well as Rock Art, Lost Nation, Idletyme, the Alchemist. For those who prefer spirits, stops may include Smugglers' Notch Distillers and Green Mountain Distillery. Specific trip stops and destinations may vary seasonally. **Tours meet at the Fly Rod Shop in Stowe.** Advance registration required, minimum 4 passengers. Ages 21 & older only. *\$89 per person.*

Fishing Adventures – By Reservation

Tours can be booked by calling the Fly Rod Shop at 802-253-7346. Under 18 must be accompanied by an adult. *A Vermont Fishing license is required for ages 15 & older, and may be purchased separately at The Fly Rod Shop or online prior to trip.*

Fly Fishing Stream Tour
This fly fishing tour is designed to give you the practical application needed to round out your fishing knowledge. Utilizing the latest graphite fly fishing rods, all flies are custom tied to provide you with the best experience. All equipment is provided. *Ages 8 & older. \$200 for 1 Person, \$340 for 2, \$390 for 3 and \$440 for 4. Larger groups can be accommodated.*

Lake Charters with The Fly Rod Shop
Let the guides from The Fly Rod Shop take you to one of Vermont's pristine lakes within 45 minutes of the shop in Stowe, Vermont. With a combined forty years of professional guiding experience, our guides will give you the opportunity to tug on some of Vermont's most enjoyed sport fish. Target species for these adventures include lake trout, salmon, small mouth bass, large mouth bass, pickerel, pike, or even a variety of pan fish for the young anglers in your fishing party. Our fully equipped fishing vessel is ideal for fly fishing, spin casting, or trolling away your morning, afternoon, or evening charter. *4-hour tours start at \$375 for up to 3 people.*

Mountain Massage Center

*Advance registration required, ext. 1293.
Children under 18 must be accompanied by an adult.*

Deep Tissue Massage 50 minutes ó \$95, 80 minutes ó \$125
Address the deeper muscles of your body with deeper pressure. Helps with chronic pain and injury rehabilitation. This type of massage aids in improving alignment. Upgrade to Aromatherapy- \$10

Herbal Detox Deep Tissue Massage 80 minutes ó \$130
Combines deep tissue massage with hot herbal towel compresses to enhance the detoxification effects.

Luxurious Lavender Herbal Massage 80 minutes ó \$130
Combines a Swedish massage with warm lavender herbal towel compresses and finishes with a calming application of our rich lavender body butter. Relaxes, relieves stress, and renews mind, body, and spirit.

Maple Sugar Meltdown 80 minutes ó \$130
Enjoy a full body massage and a gentle maple sugar scrub to exfoliate and hydrate your skin. You will then be wrapped with hot towels allowing the maple sugar time to melt and absorb. Our maple body butter follows to seal in the deep hydration, leaving you refreshed and revitalized.

Sports Massage 50 minutes ó \$95, 80 minutes ó \$125
Focuses on the muscles relevant to the particular athletic activity. Can promote greater athletic endurance and performance, lessening chance of injury and reducing recovery time.
Upgrade to Aromatherapy- \$10

Swedish Relaxation Massage 25 minutes ó \$55
50 minutes ó \$85, 80 minutes ó \$110
Promotes relaxation, increases circulation, and improves muscle tone through the use of long sweeping strokes and light pressure kneading.
Upgrade to Aromatherapy- \$10

Mini Princess Massage, ages 4 & older 25 minutes ó \$60
Make your little girl feel like a princess with a mini spa treatment just for her. This treatment includes a light facial, head, neck, and hand massage with hand-crafted aromatherapy oils, and cucumber eye pillows. Your little princess will be sent home with a gift to treasure the memories of her special day.
Children must be accompanied by an adult.

Teen Tune Up, ages 10 & older 25 minutes ó \$60
Have an "on the go" teen, always busy, overachieving or over-scheduled? This one of a kind Swedish style massage is uniquely designed to relax, relieve tension, and soothe tired muscles using our aromatherapy oil blend specially crafted with teens in mind, with a sample to take home. *Children must be accompanied by an adult.*

Zip Line Canopy Tour

Tours offered Friday - Sunday in April; Call for details on additional availability. Reservations for Zip Line Canopy tours can be made by calling (802) 644-9300 or online at www.smuggs.com/arbortrek

The ArborTrek Zip Line Canopy Tour is a fully-guided, 2½ to 3 hour tour that combines the thrill of high-speed zip lines with stunning views of the region and commentary on the local lore, ecology, and natural history. The tour includes 8 zip lines, 2 sky bridges, and 2 rappels.

Requirements: Designed for participants in moderate to good health. Participants must weigh between 70 and 250 lbs. (220 lbs. max for participants 5'4" or less; 180 lbs. max for participants 5'0" or less) and be 48" in height. Ages: 8 & older.

All Smugglers' Notch guests receive a 10% discount on the Canopy Tour, regularly priced at \$99.95 per person plus taxes and fees. Return zippers save an additional 10% OFF. Groups of 4 or more receive an additional 5% OFF. Groups of 8 or more receive 10% OFF. To receive the group discount, the tour must be paid for in one transaction.

Treetop Obstacle Course & Climbing Adventure

Available Saturday & Sunday starting May 12th and weekdays for groups of 8 or more by reservation. Reservations recommended, call for details and additional availability. 802-644-9300 or go to www.smuggs.com/arbortrek

The self-guided ArborTrek Treetop Obstacle Course and Climbing Adventure is designed for those who want to get physical and includes the opportunity to slide, balance, jump, crawl, climb, dash, and swing through the trees on more than 90 elements.

Requirements: Designed for participants of good-to-excellent health from ages 4 to adult. Participants must be at least 8 years old and stand 48" to gain access to the entire course. 12 years & under must be accompanied by an adult on the course. Obstacle Course and Climbing Adventure, regularly priced at \$60 per person plus taxes and fees.

All Smugglers' Notch guests receive a 10% discount on the Treetop Obstacle Course and Climbing Adventure, regularly priced at \$60 per person plus taxes and fees. ArborTrek Junior, a lower, beginner section of the course with 22 elements and access to the Climbing Adventure can be purchased for \$40 per person plus taxes and fees. Supervision requirements apply. Call for details and group pricing.

Reservations for ArborTrek tours can be made by calling (802) 644-9300 (or extension 5300 from a resort phone) or online at www.smuggs.com/arbortrek Tours meets at the ArborTrek Welcome Center, just a 2 minute drive from the Resort entrance.

Medical Emergencies

In the event of a medical emergency, pick up a condominium or house phone and dial 911. Relay all available information ó location and patient's current condition. 911 will dispatch either the Cambridge Rescue Squad or Smugglers' Security. All 911 calls can be dialed directly from any phone.

Computer Connections

Wireless Internet Service (WiFi) is available in our Vacation homes. In order to use the service you must purchase an account and register your devices. \$15 for one day and \$35 for one week. The wireless network is accessed by simply starting up your Internet browser and following the directions on screen. It can also be accessed at smuggs-wifi.net

24-hour Wireless Help Center: 1-802-335-1001 (*from your cellular phone*) or 9-335-1001 (*from your Village Home*).

Check-out Procedures

We would appreciate your assistance by placing towels in the front entry way of your Village Home, making sure all the dishes are clean and emptying all trash. Turn off all electrical appliances and lights. Please bring your Village Home keys to the Guest Service Desk before departing. Thank you, we appreciate your assistance.



America's Family ResortSM

802-332-6842 • www.smuggs.com